

STW TRiM Hub



Shropshire, Telford & Wrekin
Integrated Care System

- + **Contact
Card to access
further support
if needed.**
- +

01743 247149 :: Infotrim@shropshiremhs.com



Shropshire Mental Health Support (TRiM Hub)

9am-5pm support line :: **01743 368 647**

STW Access Team Adult Mental Health Service

24 hour support line :: **0808 196 4501**

access.shropshire@mpft.nhs.uk

Samaritans

24 hour support line :: **01743 369 696 / 116 123**

Shropshire, Telford & Wrekin Staff

Psychological Wellbeing Hub

07890 066445 :: mpft.stwstaffwellbeing@nhs.net

Staff Support Phone Line:

Open 7 days a week 8am to 8pm :: **07785317454**